

GET INSPIRED!



Small ideas can inspire a big change.

Place a check-mark next to each of the challenges as you complete them in the coming weeks. You'll be surprised by what you can accomplish for the causes that you are passionate about!

Community

Dine out at a restaurant that donates funds to charity

Donate to a local food pantry

Organize a food drive at your church or workplace

Volunteer

Serve meals at a soup kitchen

Volunteer for Meals on Wheels

Attend a "No Kid Hungry" event in your area

Share

Bake something for a friend or family member

Deliver a meal to a homebound senior

Donate to a hunger-relief organization

Host a bake sale and donate the proceeds to charity

Kick-off an after-school snack program for children in need

Teach a class through Community Ed. about healthy, affordable meals





